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Front Lines

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Courtney E. Gutman, MD
Regional Neonatal Associates



Living the Mission

"My mission includes taking care of each body system of an infant when he or she is unable to do so on their own."

-Dr. Courtney Gutman

Courtney E. Gutman, MD, is board certified in Neonatology and Pediatrics. She earned her medical degree from Medical College of Georgia and then completed a Pediatric Residency and Pediatric Internship at the University of Alabama at Birmingham. She also completed a Fellowship in Neonatal-Perinatal Medicine at Vanderbilt University Medical Center. Dr. Gutman practices Neonatology at UT Medical with Regional Neonatal Associates since 2013. She is Assistant Professor in the Division of Neonatology at The University of Tennessee Health Science Center, College of Medicine, Knoxville. Dr. Gutman enjoys teaching as the medical student course instructor for newborn care while her clinical focus centers around nutrition and clinical care.

Initially, Dr. Gutman pursued her college work in public health, but it was during her first physical exam encounter in medical school that changed her direction. She absolutely fell in love with the field of Neonatology, and at first sight with a one day old, (25 week) baby girl.

Since that day, she has worked to fulfill her career mission of caring for the sickest and most vulnerable patients, the tiny but mighty, the babies.

Dr. Gutman states, "there is nothing like being the first person to wish someone a happy birthday, for the very first time!"

-Continued on Page Two

How do you continue to live out your mission in healthcare?

"I'm so thankful to spend my career caring for infants who are premature or critically ill. My mission includes taking care of each body system of an infant when he or she is unable to do so on their own. Importantly, it includes partnering with families and nurses to best understand the right clinical course for each baby. It also includes researching new medical knowledge in our quickly advancing field and working via Quality Improvement projects to ensure we are providing the best and most up to date approaches to care for neonates at UT Medical. Another part of my mission is to help others in medicine find optimal practice management strategies through organizations such as UPA in order to help us all fulfil the administration requirements of a medical practice in the most seamless way."

Dr. Gutman offers advice to others working in healthcare to first, **find your passions and to do your best for others**. She states:

"It is when we care the most that we can care the best. Likewise, find a practice where providing excellent care is a priority, and your partners treat each other like an extended family. I have been so lucky to find such a home at UT Medical and Regional Neonatal Associates, and it has allowed me to have a happy and blessed career."

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"Find your passions and do your best for others. It's when we care the most that we can care the best!"

UPA Executive Leadership News

UPA is excited to share that **Christi Daniels has been promoted to Vice President of Human Resources, effective July 1, 2026.**

Christi holds a bachelor's degree from the University of Tennessee at Knoxville and is a Society for Human Resource Management Senior Certified Professional (SHRM-SCP.) Christi discovered her passion for Human Resources following her graduation from UTK, and her search for new opportunities ultimately led her to UPA, where she was inspired by the impact of the healthcare field.

Since joining the organization in November 2010, Christi has steadily advanced from Human Resources Manager to Director, consistently demonstrating excellence and making meaningful contributions to team member operations. Her appointment to Vice President marks a significant milestone in her career at UPA and reflects her dedication, leadership, and commitment to the organization's success.

Christi's integrity, expertise, and strategic vision are invaluable assets as we continue to navigate the evolving demands of our industry. We are excited about the continued momentum and positive impact she will bring to UPA in this expanded role.

Please join us in congratulating Christi on this well-deserved promotion.



Christi Daniels, SHRM-SCP

Vice President of Human Resources | UPA



Introducing New Clinical Members



Rachel L. Chesnut, PA
Neurosurgical Associates, PC



Zachary T. Davidson, CRNA
University Anesthesiologists



Tessa C. Hayes, NP
University Cardiology



Elizabeth A. Kean-Groark, MD
University Radiology



Margaret S. Kress, NP
University Women's Specialists



Christine M. Leslie, NP
UT GYN Oncology



Trevor H. Marquand, MD
University Radiology



Muhammad W. Masud, MD
Neuro Heart & Vascular Clinic



Ashley N. Mitchell, NP
Allergy, Asthma & Sinus Center



Abigail O. Nieman, NP
GI for Kids, PLLC



Donetta L. Sinard, NP
University Cancer Specialists



Kathryn L. Starr, NP
University Cancer Specialists



Dalyn D. Tate, PA
University Surgical Oncology



Anthony R. Villarosa, MD
University Cardiology



Lauren White, NP
University Heart Surgeons



Brion V. Randolph, MD
University Cancer Specialists