

### University Physicians' Association, Inc.

Volume 4, Issue 8 August 2016



UPA Corporate 17 Client Locations 62 UHS Practices

151 Team Members 204 Team Members 529 Team Members



New Fitness Center Hours 5:00 am - 9:00 pm

Take advantage of these new hours. This exclusive facility is free to all UPA Team Members. The fitness center is located at 9000 Execuive Park Drive, Suite 125 (F Bldg). Please remember to exit by 9pm, as the alarm activates automatically.

For questions and waiver information please contact Human Resources at (865) 670-6110.

# Humana Vitality

## Humana Vitality Deadline Approaching!

Don't forget the deadline to reach Silver status is August 31st! There is still time to complete your Health Assessment and/or Biometric screenings. These two activities are worth alot of points, and many team members can reach Silver status alone by completing these. By reaching this goal you will go into the lower insurance tier for 2017 Health Care premiums.

All team members who reach Silver level status by August 31st, will also go into the drawing to win 1 of 3 amazing prizes below.

- Grand Prize \$4,000 travel voucher from AAA for a vacation of your choosing
- Second Prize \$2,500 Amazon Gift Card
- Third Prize \$1,500 Amazon Gift Card

As well as being entered into the drawing, all team members who reach the Silver level status by the deadline will receive an individual gift from UPA. Please note that any team member who is at Director level or above will not qualify for this drawing, however, you will still receive the individual gift.





### **Retirement Account Rollover**

If you have money in a prior employer's retirement plan and would like to roll it into the UPA 401k Savings plan with Transamerica, just follow the simple steps below:

- 1. Contact your prior employer and request a rollover distribution. If you have an IRA, contact your IRA investment manager and request a withdrawal. Be sure to have the distribution check made payable to Transamerica, FBO "Reference Your Name" (e.g., Transamerica, FBO Jane Doe) and have it sent directly to you.
- 2. Complete the Rollover Form on the Transamerica website. www.ta-retirement.com
- 3. Submit the Rollover Form along with the distribution check to Human Resources.
- 4. Your plan administrator will sign, date, and submit the form and check to Transamerica for processing.

You must also complete a Beneficiary Designation Form. If you have not already completed an Enrollment/Change Form or Beneficiary Designation Form, please contact Human Resources at (865) 670-6102.

#### **ATTENTION**

**Online Halogen Learning** 

All Team Members must complete this online learning by October 31st, 2016

Team Members hired after January 1, 2016 are exempt for this year only.

https://tms.na1.hgncloud.com/utmck/welcome.jsp



<u>Upcoming Pay Dates</u> August 12 August 26 September 9

### **Life Event Name Change?**

Need to change your last name on your UPASolutions.com Team Member login?

Follow this link to the Team Member login page.

http://www.upasolutions.com/Team -Members/Log-In.aspx

Enter your username (first part of your UTMCK email address before @ symbol). Then click forgot password. An automated email generates with a link to update password.

Once new password is established, a profile page will appear. Click the Edit My Profile button. Here you can update last name and coordinating new email address.

If you have any questions please contact UPA Marketing at (865) 670-6804.

