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Covering every degree of your resource needs

865-670-6102

Upcoming Pay Dates

October 23

November 6

November 20



Get Your Flu Shot and Earn 200 Vitality Points

Humana Vitality

Quick and easy way to stay sniffle-free throughout the flu season and get more Vitality points!

How do I submit for my flu shot?

Through the Mobile app:

1. Download the HumanaVitality mobile app through the iTunes or Google Play store
2. Log in using your username and password
3. Click on the Menu (three lines) in the upper left hand corner
4. Click on "Activities"
5. Click on "Get a flu shot"
6. Enter in the date of your flu shot and take a picture for proof. (picture of a receipt, flyer, flu shot sticker, etc.)
7. Click "Submit"

Through the Website:

1. Go to www.humana.com
2. Log in using your username and password
3. Hover over the "Earn Rewards" tab and click "Ways to Earn"
4. Click on "Flu Shot (adult)"
5. Click on "prevention activity form"
6. Fill out form and upload proof (picture of a receipt, flyer, flu shot sticker, etc.)
7. Click "Submit"

*Points should show up within 48 hours

HumanaVitality.com

UPA Fitness Center

Grand Opening: October 23rd

Earn 35 Vitality Points by attending the Grand Opening on the 23rd between the hours of 10:00 am -1:00 pm

Exclusive!
Free for UPA
Team Members



Building
F125

Hours
6:a-9:p

Secured Environment





You can enroll online and learn more at LegalShield/UPA web portal. <https://w3.legalshield.com/gs/init?grp=upa>

Have You Ever?

- Needed your Will prepared or updated
- Wondered who was using your child's identity
- Been overcharged for a repair or paid an unfair bill
- Had trouble with a warranty or defective product
- Been a victim of IDENTITY THEFT or worried about it
- Wanted to know your options for mortgages
- Been pursued by a collection agency
- Signed a contract
- Had concerns regarding child support
- Received a moving traffic violation

What is LegalShield?

LegalShield was founded in 1972, with the mission to make equal justice under law a reality for all North Americans. The 3.5 million individuals enrolled as LegalShield members throughout the United States and Canada can talk to an attorney on any personal legal matter, no matter how trivial or traumatic, all without worrying about high hourly costs.

The LegalShield® Membership Includes:

- Legal Advice – personal legal issues
- Letters/calls made on your behalf
- Contracts & documents reviewed (up to 10 pages)
- Residential Loan Document Assistance
- Attorneys prepare your Will, your Living Will and your Health Care Power of Attorney
- Moving Traffic Violations (available 15 days after enrollment)
- Trial Defense including Pre-Trial & Trial
- IRS Audit Assistance
- 25% Preferred Member Discount (Bankruptcy, Criminal Charges, Other Matters, etc.)
- Access to Member App for easy access
- 24/7 Emergency Access for covered situations

LegalShield legal plans cover the member; member's spouse; never married dependent children under 21 living at home; dependent children under age 18 for whom the member is legal guardian; never married, dependent children up to age 23 if a full-time college student; and physically or mentally disabled dependent children.

The IDShieldSM Membership Includes:

LegalShield has provided identity theft protection for 15 years with Kroll. We have safeguarded over 1 million members, provided more than 200,000 identity consultations, and helped restore nearly 10,000 individual identities.

Full Service Restoration

- Complete identity recovery services by Kroll licensed private investigators and our \$5 million service guarantee ensure that if your identity is stolen, it will be restored to its pre-theft status.

Security Monitoring

- Credit monitoring, credit card monitoring, bank account monitoring, sex offender search, financial activity alerts and annual credit reports keep you secure from every angle.

Privacy Monitoring

- Identity monitoring, address monitoring, email monitoring and more provide you with comprehensive identity protection service that leaves nothing to chance.

Consultation

- Your identity protection plan includes 24/7/365 live support for covered emergencies, unlimited private investigator counseling, identity alerts, data breach notifications and lost wallet protection.

IDShield plans are available at individual or family rates. A family rate covers the member, member's spouse and up to 8 dependents.

Contact: John Duff

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Payroll Deduction Amount PPP = Per Pay Period - 26 weeks	LegalShield	IDShield	Combined with Legal Plan	IDShield Family Standalone
INDIVIDUAL	N/A	\$4.14 PPP	\$11.51 PPP	N/A
FAMILY	\$7.37 PPP	\$6.90 PPP	\$14.27 PPP	\$8.75 PPP

This is a general overview and is for illustrative purposes only. Plans and services vary from state to state. See a plan contract for your state of residence for complete terms, coverage, amounts, conditions and exclusions.

You can enroll online and learn more at LegalShield/UPA web portal. <https://w3.legalshield.com/gs/init?grp=upa>